

Ms Juana Montessori Home School

Lunch Menu - December 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	11/26/2018	11/27/2018	11/28/2018	11/29/2018	11/30/2018
Milk	Milk	Milk	Milk	Milk	Milk
Meat or Meat Alt.	Chicken Mini Tacos	Macarroni&Cheese	Curry chicken	Turkey Ham	Popcorn chicken
Fruit/Veg or Juice	Green Peas	Corn	Cucumbers	Mixed Vegetables	Broccoli
Fruit/Veg or Juice	Bananas	Berries	Melon	Apples	Tangarines
Bread or Bread Alt.	Flour Tortilla		Toast	Pesto Spaghetti	Flour Tortilla
Week 2		12/4/2018	12/5/2018	12/6/2018	12/7/2018
Milk	Milk	Milk	Milk	Milk	Milk
Meat or Meat Alt.	Cheese stick	Dumplings	Chicken breast	Chicken Fajita	Cheese Pizza
Fruit/Veg or Juice	Green Peas	Broccoli	Cucumbers	Corn	Mixed Vegetables
Fruit/Veg or Juice	Bananas	Tangarines	Melon	Apples	Pears
Bread or Bread Alt.	Toast	Flour Tortilla	Farfalle Pasta	Toast	
Week 3	12/10/2018	12/11/2018	12/12/2018	12/13/2018	12/14/2018
Milk	12/10/2018	Milk	Milk	Milk	Milk
Meat or Meat Alt.	Fish Sticks	Macarroni&Cheese	Ginger Chicken	Noodle Chicken Soup	Chicken Nuggets
Fruit/Veg or Juice	Green Peas	Corn	Broccoli	Celery	French Fries
Fruit/Veg or Juice	Bananas	Berries	Melon	Apple	Tangarines
Bread or Bread Alt.	Toast	Pasta	Flour Tortilla	Toast	
Week 4	12/17/2018	12/18/2018	12/19/2018	12/20/2018	12/21/2018
Milk	Milk	Milk	Milk	Milk	Milk
Meat or Meat Alt.	Bourbon Chicken	Cheese Ravioli	Quesadilla	Chicken Breast	Cheese Pizza
Fruit/Veg or Juice	Green Peas	Broccoli	Cucumbers	Corn	Mixed Vegetables
Fruit/Veg or Juice	Bananas	Tangarines	Melon	Apples	Pears
Bread or Bread Alt.	Toast		Flour Tortilla	Penne Pasta	