

# Ms Juana Montessori Home School

## Snack Menu June-2017

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>				6/1/2017	6/2/2017
<b>AM</b>					
Milk, Meat or Meat Alt. Fruit/Veg or Juice Bread or Bread Alt.				Milk	Milk
<b>PM</b>					
Milk, Meat or Meat Alt. Fruit/Veg or Juice Bread or Bread Alt.				Apples	Cold cereal
				Milk	Milk
				Gold fish	Nutri Grain
<b>Week 2</b>	6/5/2017	6/6/2017	6/7/2017	6/8/2017	6/9/2017
<b>AM</b>					
Milk, Meat or Meat Alt. Fruit/Veg or Juice Bread or Bread Alt.	Milk	Milk	Milk	Milk	Milk
<b>PM</b>					
Milk, Meat or Meat Alt. Fruit/Veg or Juice Bread or Bread Alt.	Bananas	Berries	Melon	Apples	Cold Cereal
	Milk	Milk	Milk	Milk	Milk
	Crackers 'n cheese	Rice crispy	Biscuits	Chex Mix	Vanilla Wafers
<b>Week 3</b>	6/12/2017	6/13/2017	6/14/2017	6/15/2017	6/16/2017
<b>AM</b>					
Milk, Meat or Meat Alt. Fruit/Veg or Juice Bread or Bread Alt.	Milk	Milk	Milk	Milk	Milk
<b>PM</b>					
Milk, Meat or Meat Alt. Fruit/Veg or Juice Bread or Bread Alt.	Bananas	Oranges	Melon	Apples	Cold Cereal
	Milk	Milk	Milk	Milk	Milk
	Whale Crackers	Apple sauce	Honey Graham Bears	French Toast	Potatoe chips
<b>Week 4</b>	6/19/2017	6/20/2017	6/21/2017	6/22/2017	6/23/2017
<b>AM</b>					
Milk, Meat or Meat Alt. Fruit/Veg or Juice Bread or Bread Alt.	Milk	Milk	Milk	Milk	Milk
<b>PM</b>					
Milk, Meat or Meat Alt. Fruit/Veg or Juice Bread or Bread Alt.	Banana	Berries	Melon	Apples	Cold cereal
	Milk	Milk	Milk	Milk	Milk
	Muffins	Gogurt	Cheez it	Pringles	Bagels+cream cheese
<b>Week 5</b>	6/26/2017	6/27/2017	6/28/2017	6/29/2017	6/30/2017
<b>AM</b>					
Milk, Meat or Meat Alt. Fruit/Veg or Juice Bread or Bread Alt.	Milk	Milk	Milk	Milk	Milk
<b>PM</b>					
Milk, Meat or Meat Alt. Fruit/Veg or Juice Bread or Bread Alt.	Banana	Carrots w/ranch	Melon	Apples	Cold cereal
	Milk	Milk	Milk	Milk	Milk
	Cheese sandwich	Cinnamon rolls	Cereal bars	Gold fish	Nutri Grain