

Ms Juana Montessori Home School

Snack Menu - March 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	2/26/2018	2/27/2018	2/28/2018	3/1/2018	3/2/2018
AM					
Milk, Meat or Meat Alt.	Milk	Milk	Milk	Milk	Milk
Fruit/Veg or Juice					
Bread or Bread Alt.	Banana	Berries	Melon	Apples	Cold cereal
PM					
Milk, Meat or Meat Alt.	Milk	Milk	Milk	Milk	Milk
Fruit/Veg or Juice					
Bread or Bread Alt.	Muffins	Yogurt	Croissants	Apple sauce	Bagels+cream cheese
Week 2	3/5/2018	3/6/2018	3/7/2018	3/8/2018	3/9/2018
AM					
Milk, Meat or Meat Alt.	Milk	Milk	Milk	Milk	Milk
Fruit/Veg or Juice					
Bread or Bread Alt.	Banana	Carrots w/ranch	Melon	Apples	Cold cereal
PM					
Milk, Meat or Meat Alt.	Milk	Milk	Milk	Milk	Milk
Fruit/Veg or Juice					
Bread or Bread Alt.	Cheese sandwich	Cinnamon rolls	Cereal bars	French Toast	Raisin bread
Week 3	3/12/2018	3/13/2018	3/14/2018	3/15/2018	3/16/2018
AM					
Milk, Meat or Meat Alt.	Milk	Milk	Milk	Milk	Milk
Fruit/Veg or Juice					
Bread or Bread Alt.	Bananas	Berries	Melon	Apples	Cold Cereal
PM					
Milk, Meat or Meat Alt.	Milk	Milk	Milk	Milk	Milk
Fruit/Veg or Juice					
Bread or Bread Alt.	Muffins	Yogurt	Waffles	Apple sauce	Bagels+cream cheese
Week 4	3/19/2018	3/20/2018	3/21/2018	3/22/2018	3/23/2018
AM					
Milk, Meat or Meat Alt.	Milk	Milk	Milk	Milk	Milk
Fruit/Veg or Juice					
Bread or Bread Alt.	Bananas	Oranges	Melon	Apples	Cold Cereal
PM					
Milk, Meat or Meat Alt.	Milk	Milk	Milk	Milk	Milk
Fruit/Veg or Juice	Club				
Bread or Bread Alt.	Crackers/Cheese	Cinnamon rolls	Cereal bars	French Toast	Cheese strings