

Ms Juana Montessori Home School

Snack Menu - June 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1		5/29/2018	5/30/2018	5/31/2018	6/1/2018
AM					
Milk, Meat or Meat Alt. Fruit/Veg or Juice Bread or Bread Alt.		Milk	Milk	Milk	Milk
PM		Berries	Melon	Apples	Cold cereal
Milk, Meat or Meat Alt. Fruit/Veg or Juice Bread or Bread Alt.		Milk	Milk	Milk	Milk
		Yogurt	Waffles	Apple sauce	Bagels+cream cheese
Week 2	6/4/2018	6/5/2018	6/6/2018	6/7/2018	6/8/2018
AM					
Milk, Meat or Meat Alt. Fruit/Veg or Juice Bread or Bread Alt.	Milk	Milk	Milk	Milk	Milk
PM	Banana	Carrots w/ranch	Melon	Apples	Cold cereal
Milk, Meat or Meat Alt. Fruit/Veg or Juice Bread or Bread Alt.	Milk	Milk	Milk	Milk	Milk
	Cheese sandwich	Cinnamon rolls	Cereal bars	French Toast	Raisin bread
Week 3	6/11/2018	6/12/2018	6/13/2018	6/14/2018	6/15/2018
AM					
Milk, Meat or Meat Alt. Fruit/Veg or Juice Bread or Bread Alt.	Milk	Milk	Milk	Milk	Milk
PM	Bananas	Berries	Melon	Apples	Cold Cereal
Milk, Meat or Meat Alt. Fruit/Veg or Juice Bread or Bread Alt.	Milk	Milk	Milk	Milk	Milk
	Muffins	Yogurt	Waffles	Apple sauce	Bagels+cream cheese
Week 4	6/18/2018	6/19/2018	6/20/2018	6/21/2018	6/22/2018
AM					
Milk, Meat or Meat Alt. Fruit/Veg or Juice Bread or Bread Alt.	Milk	Milk	Milk	Milk	Milk
PM	Bananas	Oranges	Melon	Apples	Cold Cereal
Milk, Meat or Meat Alt. Fruit/Veg or Juice Bread or Bread Alt.	Milk	Milk	Milk	Milk	Milk
	Croissants	Cinnamon rolls	Cereal bars	French Toast	Club Crackers/Cheese