

# Ms Juana Montessori Home School

## Lunch Menu - September 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1		9/5/2017	9/6/2017	9/7/2017	9/8/2017
<b>Milk</b>		Milk	Milk	Milk	Milk
<b>Meat or Meat Alt.</b>		Macarroni&Cheese	Curry chicken	Turkey Ham	Popcorn chicken
<b>Fruit/Veg or Juice</b>		Corn	Carrots	Toss Salad	Green Peas
<b>Fruit/Veg or Juice</b>		Berries	Melon	Apples	Oranges
<b>Bread or Bread Alt.</b>			Toast	Pesto Spaghetti	Flour Tortilla
Week 2	9/11/2017	9/12/2017	9/13/2017	9/14/2017	9/15/2017
<b>Milk</b>	Milk	Milk	Milk	Milk	Milk
<b>Meat or Meat Alt.</b>	Cheese stick	Dumplings	Chicken breast	Chicken Fajita	Cheese Pizza
<b>Fruit/Veg or Juice</b>	Green Peas	Toss Salad	Cucumbers	Carrots	Corn
<b>Fruit/Veg or Juice</b>	Bananas	Oranges	Melon	Apples	Pears
<b>Bread or Bread Alt.</b>	Toast	Flour Tortilla	Farfalle Pasta	Toast	
Week 3	9/18/2017	9/19/2017	9/20/2017	9/21/2017	9/22/2017
<b>Milk</b>	Milk	Milk	Milk	Milk	Milk
<b>Meat or Meat Alt.</b>	Fish Sticks	Macarroni&Cheese	Ginger Chicken	Noodle Chicken Soup	Chicken Nuggets
<b>Fruit/Veg or Juice</b>	Green Peas	Corn	Toss Salad	Celery	French Fries
<b>Fruit/Veg or Juice</b>	Bananas	Berries	Melon	Apples	Oranges
<b>Bread or Bread Alt.</b>	Toast	Pasta	Flour Tortilla	Toast	
Week 4	9/25/2017	9/26/2017	9/27/2017	9/28/2017	9/29/2017
<b>Milk</b>	Milk	Milk	Milk	Milk	Milk
<b>Meat or Meat Alt.</b>	Bourbon Chicken	Cheese Ravioli	Quesadilla	Chicken Breast	Cheese Pizza
<b>Fruit/Veg or Juice</b>	Green Peas	Carrots	Cucumbers	Toss Salad	Corn
<b>Fruit/Veg or Juice</b>	Bananas	Oranges	Melon	Apples	Pears
<b>Bread or Bread Alt.</b>	Toast		Flour Tortilla	Penne Pasta	