

# Ms Juana Montessori Home School

## Lunch Menu - January 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	1/1/2018	1/2/2018	1/3/2018	1/4/2018	1/5/2018
<b>Milk</b>		Milk	Milk	Milk	Milk
<b>Meat or Meat Alt.</b>		Macarroni&Cheese	Curry chicken	Turkey Ham	Popcorn chicken
<b>Fruit/Veg or Juice</b>		Corn	Carrots	Toss Salad	Cucumbers
<b>Fruit/Veg or Juice</b>		Berries	Melon	Apples	Oranges
<b>Bread or Bread Alt.</b>			Toast	Pesto Spaghetti	Flour Tortilla
<b>Week 2</b>	1/8/2018	1/9/2018	1/10/2018	1/11/2018	1/12/2018
<b>Milk</b>	Milk	Milk	Milk	Milk	Milk
<b>Meat or Meat Alt.</b>	Cheese stick	Dumplings	Chicken breast	Chicken Fajita	Cheese Pizza
<b>Fruit/Veg or Juice</b>	Green Peas	Toss Salad	Cucumbers	Carrots	Corn
<b>Fruit/Veg or Juice</b>	Bananas	Oranges	Melon	Apples	Pears
<b>Bread or Bread Alt.</b>	Toast	Flour Tortilla	Farfalle Pasta	Toast	
<b>Week 3</b>	1/15/2018	1/16/2018	1/17/2018	1/18/2018	1/19/2018
<b>Milk</b>		Milk	Milk	Milk	Milk
<b>Meat or Meat Alt.</b>		Macarroni&Cheese	Ginger Chicken	Noodle Chicken Soup	Chicken Nuggets
<b>Fruit/Veg or Juice</b>		Corn	Toss Salad	Celery	French Fries
<b>Fruit/Veg or Juice</b>		Berries	Melon	Apple	Oranges
<b>Bread or Bread Alt.</b>		Pasta	Flour Tortilla	Toast	
<b>Week 4</b>	1/22/2018	1/23/2018	1/24/2018	1/25/2018	1/26/2018
<b>Milk</b>	Milk	Milk	Milk	Milk	Milk
<b>Meat or Meat Alt.</b>	Bourbon Chicken	Cheese Ravioli	Quesadilla	Chicken Breast	Cheese Pizza
<b>Fruit/Veg or Juice</b>	Green Peas	Carrots	Cucumbers	Toss Salad	Corn
<b>Fruit/Veg or Juice</b>	Bananas	Oranges	Melon	Apples	Pears
<b>Bread or Bread Alt.</b>	Toast		Flour Tortilla	Penne Pasta	